



Milton Keynes Gymnastics - Gymnast Registration Form

Welcome to Milton Keynes Gymnastics and thank you for signing up to the general programme. Please take some time to read through the following important information.

Timings and Policies:

Gymnasts need to arrive in good time for the class to start. Anyone arriving more than 15 minutes after the start of the session will not be able to take part. This is due to missing the warmup and to avoid disruptions to the class. Unfortunately, Milton Keynes Gymnastics will not be able to give refund for the missing session.

Milton Keynes Gymnastics provides all up to date policies on either our website or at the centre on our noticeboards.

Jewellery, Hair and clothing:

All jewellery (including watches, friendship bracelets/anklets and entry wristbands; religious armbands are excluded) need to be removed before the class starts and all long hair tied back. Any piercings which cannot be removed must be covered up with tape or plasters. Milton Keynes Gymnastics do not supply tape or plasters for earrings.

Gymnast should wear clothing suitable for gymnastics like leotard, or T-Shirts and shorts/leggings which will not get caught on apparatus.

Loose clothing (including hoodies), denim shorts/jeans, skirts/dresses, tights and any items with zips, buttons are not suitable for gymnastics. Any gymnast who arrives in such clothing will not be able to take part in the class unless a suitable alternative can be found. Unfortunately, Milton Keynes Gymnastics will not be able to give a refund for a missing session due to not wearing the right gymnastics attire.

Classes:

The gymnastics classes Milton Keynes Gymnastics offers from Monday – Friday are as follows.

Recreational 4-7 years

Recreational 7-12 years Intermediate

Advanced/Club

We are keen to ensure every child is in the correct class for their ages and ability and the coaches and reception team will do our best to advise you when your child needs to think about moving class. However, where our classes are full, it is often not possible to move a child straight into the next class when they are ready to move up an age group. With this in mind, we ask that when your child is coming up on the maximum age for their current class, that you notify reception, so we can advise you of the process of moving up.

Our intermediate and advanced/club classes are per invite only. Coaches will inform the Head of Recreational Gymnastics if a child is ready to move up and we will inform parents after that.

General Gymnastics Classes on Saturday:

Recreational 4-6 years Recreational 7-9 years Recreational 10yrs+ Intermediate and Advanced

Our general gymnastics classes on Saturday run as our Gymnastics for Fun classes. All sessions are following the British Gymnastics Rise award scheme and prepare for In House competitions. As Saturday is very popular, the sessions have a slightly different structure to our weekday classes. All children still learn all the basics in gymnastics and can improve their skills within the session.

General Gymnastics Programme:

Our General Gymnastics Programme runs throughout the year except for Bank Holidays, Christmas and New Year. The programme is also divided into 2-week plans where the gymnast uses different apparatus. We are following the British Gymnastics Rise award scheme where gymnasts get assessed continuously throughout their sessions. Once completed, parents will receive an email to say the gymnast has passed a badge. After this you can see reception where you can purchase your certificate and medal.

All gymnasts will have to be a member of British Gymnastics. This will need to be the Community membership costing £24.00 for the year. Please see reception if you need any help signing up for this.

Please note that all fees are calculated at 48 weeks in a year (not 52 weeks). The fees are then spread across the months throughout the year. This is to account for club closures for all public bank holidays, regardless of the day.

Please note that the club has a month cancellation policy when leaving the club. It is the responsibility of the parents, to cancel payments when leaving the club.

Policy on Locus Parentis:

In the event of an accident/illness the first aider will administer first aid and primary care. Parents will be contacted immediately. If the parents are not contactable, the first aider/coach will act in loco parentis regarding decisions about further medical care unless you request otherwise.

Child Protection:

Milton Keynes Gymnastics has adopted the British Gymnastics Child Protection Policy, which can be found on the BG website. A copy of our Safeguarding policy can be found on our website or at reception. We encourage gymnasts to speak to either the coaches or our welfare team if there is something not right within a session. We currently have 5 welfare officers within our club, and you can find all details on our noticeboard with all other British Gymnastics policies.

Missing sessions:

If for any reason your child misses a class, we are unfortunately unable to offer make up sessions. Please contact reception if your child is unable to attend the class for more than 4 weeks due to an injury then we are able to offer a fee discount.

Thank you for taking the time to read this information.

Head of Recreation
Milton Keynes Gymnastics



Monthly Fees – Payable between 1st and 7th of the Month.

The fees are payable in advance and must be paid by standing order which you can easily set up with your bank. The monthly fee must be paid between the 1st and 7th of each month.

Your fees payable from each month are £ _____ .00 per month

Please contact your bank direct to start/amend your standing order.

STANDING ORDER INSTRUCTIONS. - TO BE SET UP WITH BANK DIRECT

Please note this is a standing order, this means that we do not have the authority to touch your bank account and we cannot change any of the payment details for you. If your child's situation changes (i.e., increase of sessions or hours or you decide to leave the club.) Please contact your bank and change/cancel the standing order as necessary. **We request a month notice on leaving the club.**

It is the parent's responsibility to cancel the standing order when leaving the club.

Milton Keynes Gymnastics club do not refund on fees paid.

PLEASE SET UP YOUR STANDING ORDER DIRECTLY WITH YOUR BANK.

Organisation Name	Milton Keynes Gymnastics Ltd		
Bank Name	Lloyds TSB		
Branch Address	Milton Keynes (30-15-53) Branch		
Account Number	02776486	Sort Code	30 - 15 - 53

Reference Name (Gymnasts Name)	
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Payment Details

Amount of first Payment	£	Amount of usual Payment	£	.00	
Amount in words					
Date of first Payment	1st/ /2025	Date of usual payment	1st of every Month	Paid Monthly	Yes

Thank you for your assistance

Yours faithfully

Mr Garry Winder
Chair of Trustees
Milton Keynes Gymnastics Centre

The Information on this form is confidential, will be maintained on a secure database and will be used by our staff, or in an emergency, by the hospital. We share the communication contact number you have provided with a secure texting system 'text local' to communicate directly with you. Other personal information is required to ensure your child is in the most suitable class for them. If a child competes then their DOB will be forwarded to competition organisers. Please notify us, should there be any change in the details you supply below, and we will amend the records. Our privacy policy is located on our main noticeboard near reception. Accident forms are kept until the participant is 21 years old.

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(form to be completed in capital letters)

Child's Full Name	
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Session Days	Session Start Times	Session Finish Times

GYMNASTS DETAILS

Forename			
Surname			
Date of Birth		Gender	FEMALE / MALE / PREFER NOT TO SAY
Home Address			
Post Code			
Name of School			
BRITISH GYMNASTICS MEMBERSHIP NUMBER	This must be completed prior to attending their next session.		

PARENT / GUARDIAN INFORMATION – COMMUNICATION & FINANCE GYMNASTS

	Title	Forename	Surname	Mobile/ Telephone No.	I consent to receiving important texts
1st Emergency Contact					YES / NO
2nd Emergency Contact					YES / NO
Email Address	Must be provided for communication & Invoicing – Please complete in capital letters for clarification.				
Social Media Contact	Do you consent to being contacted by the club / coach via social media?				YES / NO

MEDICAL INFORMATION (PLEASE CIRCLE)

If we are unable to contact you, do you give consent for your child to be transported for emergency treatment by a coach?	YES	NO
Does your child have Normal Hearing?	YES	NO
Does your child have Normal uncorrected Eyesight?	YES	NO
Is your child undergoing physio or injury related treatment.?	YES	NO
Does your child have any Allergies?	YES	NO
Do you consider your child to be disabled?	YES	NO
Is your child Registered as Disabled?	YES	NO
Please include below any other medical information you feel the coach should know in aiding your child to participate in the sport. (e.g., Broken Bones / Speech Problems / Ear Infections / Diabetes / Undergoing Medical Treatment)		

CONSENTS – (PLEASE CIRCLE)

Do you give consent for use of a plaster for minor cuts and grazes?	YES	NO
Do you give consent for appropriate medical treatment by a first aider, hospital treatment including X-rays and blood transfusions until you can be present with your child?	YES	NO
I Consent to my child’s photo/video to be used by the club in printed format, website & social media.	YES	NO
I Consent to my phone number being held on the coaches’ mobile phone (i.e., for competitions)	YES	NO
I consent to training/competition/display photographs/videos may be uploaded to the coaches social media page, which will be access restricted. (SQUAD ONLY)	YES	NO

Please circle how you heard about the club	Friend / Website / Leaflet / Newspaper /Walking Past / Facebook / Competition /Other
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I agree to comply with the Club Rules, terms and conditions and will ensure that the Club Membership/BG insurance will also be paid as necessary when joining.

I agree to comply with the club policies and procedures regarding cancellation of sessions giving a month payment and notice of cancellation.

I agree to inform MK Gymnastics and will not bring my child to their gym session if they are unwell. This can be emailed through to reception@mkgym.co.uk.

Signed Parent / Carer		Date	/ /25
Print Name Parent / Carer			

Registered Charity No. 1080223



Milton Keynes Gymnastics

Fun for All • Developing Champions

CHARITY GIFT AID DECLARATION – Multiple Donation

We would appreciate if you would please complete the form to help ensure that we can raise funds for the club to help with keeping fees low and updating our equipment.

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

In order to Gift Aid your donation, you must tick the box below:



I want to Gift Aid my fees and any donations I make in the future or have made in the past 4 years to:

Name of Charity: **MILTON KEYNES GYMNASTICS LTD**

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gymnast/Childs Name

Parents Name (including title)	
Home Address	
Post Code	

Date signed	/ /25	Parent/Guardian Signature	
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Please notify the Charity if you need to make any changes to this claim.

Milton Keynes Gymnastics 15 Winchester Circle, Kingston, Milton Keynes, MK10 0BA
Tel: 01908 586500 email: gym@mkgym.co.uk www.miltonkeynesgymnastics.co.uk
Registered Charity No. 1080223